

Chapter 12

Thursday
November 28, 2013
3:25pm

God, am I tired!!!

I just keep thinking and thinking and I think what I need to be doing right *now*—is changing the rules to the game we are *playing*. And yet that frustrates me, because...I'm not too sure how well I even *know* the rules to the game we are so presently playing!

Although...if they're going to be changing anyway—not really much sense in wasting time learning all of the old...

Prolly just the most important of the old...the most likely to stick for the *longest* run...

That's prolly all I need to know.

Hmm...

Good to know!

Friday
November 29, 2013
7:10am

I dreamt of David last night...

I don't even know if he was actually there *with* me or not, but I was left with the point that where others see nothing—I see *something*, which I think was enough.

Where others see *nothing*—I see *hope*. I see *possibility*.

So, I'm not entirely sure as to what even, that all *means*—except that I'm dead on target as to where I am *at*, and where I am meant, to *be*.



Marissa Varcho <marissavarcho@gmail.com>

Meeting

Marissa Varcho <marissavarcho@gmail.com>

Tue, Dec 3, 2013 at 12:03 AM

To: Betsy Johnson <betsy@namiohio.org>

Bcc: Marissa Varcho <marissavarcho@gmail.com>, Geoffrey Collver <gcollver@disabilityrightsohio.org>

Hi Betsy,

I don't know if you remember me, I've been working on advocacy in opposition to S.B.43 and H.B.104 in the Ohio Senate and House as of October this year. I sent you and Terry Russell some emails...

Is there any way I might be able to arrange to speak with you in person?

If you could let me know when you have a moment, I would greatly appreciate it.

Thanks very much,

Marissa K. Varcho

marissavarcho@gmail.com

<http://thecultivationofbeauty.com>

<http://janesaysrise.com>



Marissa Varcho <marissavarcho@gmail.com>

Meeting/S.B.43

Marissa Varcho <marissavarcho@gmail.com>

Tue, Dec 3, 2013 at 4:07 PM

To: "Sen. Tavares, SB43-Sponsor" <tavares@ohiosenate.gov>

Bcc: Marissa Varcho <marissavarcho@gmail.com>, Geoffrey Collver <gcollver@disabilityrightsohio.org>

To Whom It May Concern:

I spoke with Simone at Senator Tavares' office the week prior to Thanksgiving and am writing to follow up as it relates to same. I would like to meet with Senator Tavares to speak about S.B.43/SubH.B.104 (which affect the civil rights of our mentally ill population) and was wondering if the Senator might be able to meet with me sometime this month in Grandview at Stauf's coffee shop. It shouldn't be too far from the Statehouse for the Senator and they have free parking and great coffee.

Please feel free to email back or contact me by phone at (614) 633-5155 at your earliest convenience.

Thanks very much,

Marissa K. Varcho

marissavarcho@gmail.com

<http://thecultivationofbeauty.com>

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Marissa Varcho <marissavarcho@gmail.com>

Meeting/S.B.43

Marissa Varcho <marissavarcho@gmail.com>

Tue, Dec 3, 2013 at 4:15 PM

To: "Sen. Coley-OSCJC-Chair Aide" <emily.morrison@ohiosenate.gov>

Bcc: Marissa Varcho <marissavarcho@gmail.com>, Geoffrey Collver <gcollver@disabilityrightsohio.org>

Hi Emily,

It's my understanding that you are Senator Coley's legislative aide - is that correct? I wanted to reach out to you as such, because I was wondering whether I could schedule a time to meet with the Senator this month to discuss S.B.43/SubH.B.104 (affecting the civil rights of our mentally ill population). I lost my job last month though, and I was wondering if it might be possible to meet with the Senator someplace where parking is free (i.e. Stauf's in Grandview - if Senator Coley likes coffee, or anywhere that would otherwise be convenient for him).

Please feel free to email me back or contact me by phone at (614) 633-5155 at your earliest convenience to let me know.

I hope you had a great Thanksgiving.

Sincerely,

Marissa K. Varcho

marissavarcho@gmail.com

<http://thecultivationofbeauty.com>

<http://janesaysrise.com>



Marissa Varcho <marissavarcho@gmail.com>

Thank You

Marissa Varcho <marissavarcho@gmail.com>
To: "Rep18@ohiohouse.gov" <Rep18@ohiohouse.gov>
Bcc: Marissa Varcho <marissavarcho@gmail.com>

Wed, Dec 4, 2013 at 1:56 AM

Representative Stinziano,

Thank you for the email. It means everything. It's helped me move once again from burnt out to active. Do you think we could meet in person to talk? Have you ever been to Stauf's coffee shop in Grandview? If you are able, I was wondering if I could meet you there at some point this month to discuss politics and the "arena" ;o) I suggest Stauf's because I lost my job a few weeks back and parking there is free, it's not too far from the Statehouse, and they make a great cup of coffee if you like that sort of thing. I will meet you any place that is convenient for you though. Thank you so much for all of your help.

Sincerely,

Marissa

Marissa K. Varcho
marissavarcho@gmail.com
<http://thecultivationofbeauty.com>
<http://janesaysrise.com>

[Quoted text hidden]

Thursday
December 5, 2013
12:18am

I found blood on NAMI Franklin County's hands tonight. It was the first time I attended a NAMI "support" group since last January, and that is where I *found* it. *Shame* on NAMI Ohio...

Time for my first consult with *The Laws of Power*...

Time to make them pay for the harm they are causing...

I take joy in my vendetta.

Bahhhahaha...



Marissa Varcho <marissavarcho@gmail.com>

V IS FOR VENDETTA - NAMI Franklin County's Got Blood On Their Hands

Marissa Varcho <marissavarcho@gmail.com>

Thu, Dec 5, 2013 at 6:54 AM

To: andrea@namifc.org, andrew.olsen@pnc.com, andrewnj23@hotmail.com, andrewsnj23@hotmail.com, angela.cordiano@ohioattorneygeneral.gov, annseren57@gmail.com, arr@columbus.rr.com, bennetra@yahoo.com, bjben@sbcglobal.net, brookelarg@aol.com, "Brown, Jane" <h.brwn2@gmail.com>, brownt@urbanconcern.org, craigslist_west@yahoo.com, "Daniels, Donna" <bradenpunkin@aol.com>, dmtomlinson@att.net, docschott@columbus.rr.com, "Dosmann, Karri" <kdosmann@yahoo.com>, esmith0802@hotmail.com, frananddan@yahoo.com, gintersm@miamioh.edu, "Girves, Catherine" <cgirves@gmail.com>, "Golphin, Jewel" <jewel@namifc.org>, gospelsuiteministry@yahoo.com, "griffith, kimmy" <kg12168@gmail.com>, griffithsm@battelle.org, "Gruenbaum, Jayna" <jayna.gruenbaum@gmail.com>, "Herrmann, Kristen" <kmherrmann@aol.com>, hrsmith45@hotmail.com, hughesss@prodigy.net, "humphrey, glenda" <glendahumphrey675@gmail.com>, ingrid062@netzero.com, jbrown@brownshoesinc.com, jeff.lovlace@sbdinc.com, jsvan@columbus.rr.com, jtompkins@insight.rr.com, "Katz, Laurie" <katz.124@osu.edu>, "Kearns, Greta" <greta.kearns@gmail.com>, klcredits@gmail.com, kmiller@messer.com, larihummer@yahoo.com, laurajanet1217@gmail.com, leolady_lion_ladybug@yahoo.com, lorilerum@att.net, "Lovelace, Jeff" <jeff.lovelace@sbdinc.com>, mail@namifc.org, maryameyer@att.net, mblodgett@columbus.rr.com, mjacobs@iwaynet.net, mlin636@aol.com, monicas.boutique@ymail.com, nycycsbg@yahoo.com, "Olsen, Andy" <andy.b.olsen@gmail.com>, pam.leslie@sc.ohio.gov, pamdlightfoot@yahoo.com, pepsigene@gmail.com, ravenbird84@hotmail.com, rep4@ohiohouse.gov, richardson.608@osu.edu, sams.39@osu.edu, serenity329@live.com, sjacobs@iwaynet.net, "Stevenson, Mary" <mstevenson3@insight.rr.com>, stone8059@sbcglobal.net, swjacks@roadrunner.com, thummerstc@gmail.com, tlwaugh@yahoo.com, "Townsend, Luckisha" <kishajw39@gmail.com>, twashington@gmail.com, waavoli@rockbridgecapital.com, willey_stephen@yahoo.com, "Wright, Mary K." <mkwesterville@gmail.com>, "Yersavich, Amy" <amyyersavich@gmail.com>, yolande.berger@education.ohio.gov, zandia.galvin@rsc.state.oh.us, "Zupan, Leo" <leo.zupan@discoverpubs.com>

Bcc: Marissa Varcho <marissavarcho@gmail.com>, Jack Cameron <jcameron@ohioempowerment.org>, Geoffrey Collver <gcollver@disabilityrightsohio.org>, contact@acluohio.org, Ken Jones <jones7990@yahoo.com>, Jessica Kelly-Hauser <jkelly@ohioempowerment.org>, Pat Risser <patrickrisser@gmail.com>, Meghan McNeil <mmcneil@ohioempowerment.org>, Lisa Valentine <lvalentine@oacbha.org>, Mary Turocy <mturocy@disabilityrightsohio.org>, Alaina Herrel <aherrel@oacbha.org>, Laura Sigal <lsigal@mhafc.org>, "Lottes, Kevin" <Kevin.Lottes@sc.ohio.gov>, elstratton@vorys.com

Dear NAMI Franklin County Email List Subscribers:

It has come to my attention that NAMI Ohio has been hiding its recent involvement working with our state legislature here in Ohio to remove from our mentally ill population our civil rights and to make it legal to force unwanted, incompetent medical treatment upon us. Accordingly, I am writing today to help you understand, if interested, what is going on presently with this legislative process.

To begin, my name is Marissa Varcho, I am 32-years-old, I live in Columbus and I am licensed to practice law here in the State of Ohio. My simultaneous interest in law and personal experience living with and struggling to manage Bipolar I Disorder caused me to become active in our state legislature this past October when I learned of NAMI Ohio's intentions. I have attached for your review, if interested, the written testimony I submitted to the Ohio Senate and the Ohio House of Representatives, which explains my position in detail.

To summarize though, I oppose the legislation because, among other harmful motivations, it seeks to remove from individuals who struggle with brain chemistry disorders our civil right to make our own medical decisions and to choose and/or refuse to take medications. NAMI Ohio's Executive Director Mr. Terry Russell is the driving force behind the proposed legislation, as he is the person who is applying the pressure on our senators and representatives to get the legislation passed and to get it done *quickly*. Mr. Russell, however, refuses to communicate his reasons *why*, despite all of the damaging effects the legislation poses for our mentally ill population.

As a result of Mr. Russell's actions as the leader of NAMI Ohio in "representing the voice of mental illness in the State of Ohio" though, our state legislature is now under the impression that individuals who struggle with mental illness generally need to be controlled. I do not believe this to be the case. I believe, what we *could* use, is a little more *help*, and some

protection from our government to shield us from our society's debilitating criticism while we rehabilitate. Nevertheless, my voice can only carry us so far.

I am gravely *disturbed* by the secrecy NAMI Ohio and now too NAMI Franklin County harbors around the issue, and I provide you this information because I believe you have a right to know what is going on, so that you may too have your opportunity to be heard in this legislative process. If there ever was a time to stand up and speak out for yourself, the time would be now.

Please feel free to email me back if you have any questions and/or would like any additional information.

Sincerely,

Marissa K. Varcho
marissavarcho@gmail.com
<http://thecultivationofbeauty.com>
<http://janesaysrise.com>

2 attachments

 **MKV-SB43 Written Testimony (final).pdf**
230K

 **MKV HB104 OPPOSITION.pdf**
179K

Sunday
December 8, 2013
2:03am

It's occurred to me tonight, that people really *need* to see a miracle in this world of material existence...

So I intend, to *be* it.

I intend to be the *difference* people wish to see in this world—whether it kills me, or *not*. I will *be* it. That is my life goal. You heard it here first. I want it down in the record for all to see now...

I will *be* it.

You just *wait*, and watch...

I will *be* her. And if I shall *not*—then I will die in the process and that will be that. But in the meantime, you will know where to *find* me...

I will be over here in my small sector of the Universe trying my *darnedest* to make the *difference* for the people.

For *humanity*.

All of my love...